

All About Me

My Name is:

My Age is:

Getting to know my family and me

I like to be called:

My first language at home is:

Who lives in my house?

Special people in my life:

My Family and I celebrate:



Food and Drink

I usually eat:

My favourite foods are:

My favourite drinks are:

I do not like:



My Interests and Preferences

Things that excite me and make me happy are:

My favourite books, rhymes and songs are:

My favourite toys and games are:

Things I like to do outside are:

The activity clubs I go to are:

My weekly Routines:

Things I sometimes get angry or upset about:

Things that comfort me:



My Name is:

My Age is:

Health and Development

Medical Info:

My Allergies are:



Healthcare:

Things I am good at:

I communicate by:

I respond to new people or situations by:

I handle disappointment by:

My parents DO / DO NOT have concerns about my development.

Their concerns are:

Sleeping and Toileting Routines

I sleep at:

My Nappy Changing and Toileting Info



My parents would describe me as...

(please circle and add any others)

FUNNY Curious shy LIVELY quiet

ACTIVE Likes Routine STRONG WILLED Dreamy

anxious CONFIDENT Friendly Talkative